



FAM THE CARREMENT MUSHROOM-PARMESAN SQUARE QUICHE

100% PURE BUTTER SHORTCRUST PASTRY



GTIN : 628110164933

CODE : PRF629

STORAGE: FROZEN

STATE: COOKED FROZEN



*Prepared by
our master pastry chefs*

Nutritional value

for 1/4 quiche(144g)

Calories 350 %daily value*

Lipids 23g 31%
saturated 14g
+trans 0.5g 70%

Carbohydrates 26g
Fibres 1g 4%
Sugars 4g 4%

Proteins 9g

Cholesterol 145mg

Sodium 170mg 7%

Potassium 250mg 5%

Calcium 100mg 8%

Iron 1.75mg 10%

*5% or less is a little, 15% or more is a lot

LIST OF INGREDIENTS

Ingredients : Filling: Milk • Whipping cream 35% (cream, milk, carrageenan, cellulose gel, cellulose gum) • Eggs • Mushrooms • Onions • Parmesan (milk) • Salt • Nutmeg • Pepper. Shortcrust pastry: Wheat flour (gluten) • Salted butter (milk) • Water • Eggs • White vinegar • Almond powder • Soy lecithin

Contains : Wheat (gluten), Eggs, Soy, Almonds, Milk.

May contain : Other nuts.



STORAGE CONDITIONS

Freezer storage (-18°C) for **12 months**.

Refrigerator storage (4°C) for **7 days** after defrosting.

WEIGHT & FORMAT

Unit weight: 575 g
Unit size: 7 in x 7 in



PREPARATION TIPS

For perfect cooking, preheat the oven to 350°F.
If frozen: allow 30 minutes of cooking.
If refrigerated: Allow 20 minutes of cooking.
Let cool for a few minutes after removing from the oven.

PACKAGING

Number of units per case: 8 units of 7 in. x 7 in.
Case size: 19 3/4 in. x 9 3/4 in. x 2 1/4 in.
Case weight: 1.420 kg
Pallet size: 48 in. x 40 in. x 56 1/4 in.
Number of cases per pallet: 200



THE +

Natural ingredients.
Homemade shortcrust pastry, 100% pure butter, without hydrogenated fats, additives or preservatives.
Artisanal product made in Quebec, Canada.
Solid packaging that prevents breakage.

CONTACT CARRÉMENT TARTE

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