



CARRÉMENT  
TARTE

Carrés  
gourmands

## IND THE CARRÉMENT BROCCOLI-CHEDDAR SQUARE

100% PURE BUTTER SHORTCRUST PASTRY



GTIN: 628110164339

CODE: PRF623

STORAGE: FROZEN

STATE: COOKED FROZEN



*Prepared by  
our master pastry chefs*

### Nutritional value

for 1 quiche(210g)

**Calories 570** %daily value\*

**FAT** 38g 51%  
saturated 22g  
+trans 1g 120%

**Carbohydrates** 47g  
Fibres 2g 7%  
Sugars 4g 4%

**Proteins** 14g

**Cholesterol** 105mg

**Sodium** 320mg 14%

**Potassium** 300mg 6%

**Calcium** 150mg 12%

**Iron** 3mg 17%

\*5% or less is a little, 15% or more is a lot

### LIST OF INGREDIENTS

**Ingredients :** Shortcrust pastry: Wheat flour (gluten) • Salted butter (milk) • Water • Eggs • White vinegar • Almond powder • Soy lecithin. Filling: Milk • Whipping cream 35% (cream, milk, carrageenan, cellulose gel, cellulose gum) • Eggs • Broccoli • Cheddar (milk) • Onions • Salt • Nutmeg.

**Contain :** Wheat (gluten), Eggs, Soy, Almonds, Milk.  
**May contain:** Other nuts.



### STORAGE CONDITIONS

Freezer storage (-18°C) for **12 months**.  
Refrigerator storage (4°C) for **7 days** after defrosting.

### WEIGHT & FORMAT

Unit weight: 210 g  
Unit size: 4 in x 4 in



### PREPARATION TIPS

For perfect cooking, preheat the oven to 350°F.  
If frozen: allow 15 to 20 minutes of cooking.  
If refrigerated: Allow 5 to 10 minutes of cooking.  
Let cool for a few minutes after removing from the oven.

### PACKAGING

Number of units per case: 18 units of 4 in. x 4 in.  
Case size: 13 1/2 in. x 9 in. x 5 in.  
Case weight: 3.770 kg  
Pallet size: 48 in. x 40 in. x 45 in.  
Number of cases per pallet: 148



### THE+

Natural ingredients.  
Homemade shortcrust pastry, 100% pure butter, without hydrogenated fats, additives or preservatives.  
Artisanal product made in Quebec, Canada.  
Solid packaging that prevents breakage.

### CONTACT CARRÉMENT TARTE

8219 - 17<sup>E</sup> AVENUE, #201, H1Z 4J9 MONTRÉAL, QC

INFO@CARREMENTTARTE.COM